

JUNIOR ELITE (PERFORMING ARTS) 10&U (8HRS MIN)

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

4PM

4PM

4PM

4PM

4PM

9AM

5PM

5PM

5PM

5PM

5PM

12.30PM

6PM

6PM

6PM

6PM

6PM

1PM

7PM

7PM

7PM

7PM

7PM

2PM

3PM

4PM

5PM

● YEAR 4 TAP
● BEGINNER TAP
● YEAR 5 BALLET

● YEAR 4 JAZZ
● YEAR 5 JAZZ

● YEAR 4 BALLET
● YEAR 5 TAP

● BALLET/CHARACTER

● STRENGTH & CONDITIONING (30 MINS)

● (5.30PM) BALLET REPERTOIRE (1 HR)

30 MIN DINNER BREAK

● BEGINNER ACRO

● JAZZ ELITE

● PERFORMANCE CLASS (1.5HRS)

● MUSIC THEATRE (3 HRS)

● STRENGTH & CONDITION (30 MINS)

● BALLET

● ACRO

● CONTEMPORARY

● HIPHOP

● EXPRESS TAP ELITE (45 MINS)

- Core styles
- Alternative times for core classes
- Elite Ballet Extension program (3.5hrs)
- Elective styles (must choose at least one)