

EXTENSION PROGRAM (YEAR 4+)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
JUNIOR (YEAR 4-5)						
4-5.30PM BALLET 6-7PM CONTEMP (OPTIONAL)	5-6PM JAZZ 6-7PM TAP (OPTIONAL)	4-5.30PM BALLET & JAZZ SKILLS EXTENSION		4.30-5.30PM HIPHOP (OPTIONAL) 5.30 - 6.30 ACRO		
INTERMEDIATE - BALLET FOCUS (YEAR 6-8)						
5-6PM CONTEMP (OPTION 1 - SEE SAT BALLET FOR OPTION 2) 6.30-8PM BALLET		2 HOUR BALLET EXTENSION	4-5PM TAP (OPTIONAL) 5-6PM JAZZ	5.30-6.30PM HIPHOP (OPTIONAL) 6.30-7.30PM INTERMEDIATE ACRO (OPTION 1)	12.30-1.30PM BALLET (OPTION 2 - SEE MON CONTEMP FOR OPTION 1) 2.45-4.15PM SKILLS & CONDITIONING 4.15-5.15PM ADVANCED LEVEL ACRO (OPTION 2)	
INTERMEDIATE - JAZZ FOCUS (YEAR 6-8)						
5-6PM CONTEMP (OPTIONAL) 6.30-8PM BALLET		2 HOUR JAZZ SKILLS AND STRETCH	4-5PM TAP (OPTIONAL) 5-6PM JAZZ	5.30-6.30PM HIPHOP (OPTIONAL) 6.30-7.30PM INTERMEDIATE ACRO (OPTION 1)	12.30-1.30PM BALLET (OPTIONAL) 2.45-4.15PM SKILLS & CONDITIONING 4.15-5.15PM ADVANCED LEVEL ACRO (OPTION 2 - SEE FRI FOR OPTION 1)	
SENIOR - BALLET FOCUS (YEAR 9-12)			<p>Notes: Extension Program Our extension program is for those who are wanting to progress their development to a high standard, prepare for exams, or get ready for our Elite Dance Program. It is a class package designed to develop the optimal technical results from the training program.</p> <p>Students are able to build a program from the above classes. However, because our Wednesday and Saturday classes are combined with our Elite Team, students must do the full Extension Program (all classes in bold) in order to take the Wednesday and Saturday classes with the Elite Team.</p>	SENIOR - BALLET FOCUS (YEAR 9-12)		
6-7PM JAZZ 7-8PM CONTEMP 8-9.30PM BALLET	5-6PM TAP (OPTIONAL)	2 HOUR BALLET EXTENSION 8-9PM HIPHOP (OPTIONAL)		6.30-7.30PM INTERMEDIATE ACRO (OPTION 1)	12.30-1.30PM BALLET 2.45-4.15PM SKILLS & CONDITIONING 4.15-5.15PM ADVANCED ACRO (OPTION 2 - SEE FRI FOR OPTION 1)	
SENIOR - JAZZ FOCUS (YEAR 9-12)				SENIOR - JAZZ FOCUS (YEAR 9-12)		
6-7PM JAZZ 7-8PM CONTEMP 8-9.30PM BALLET	5-6PM TAP (OPTIONAL)	2 HOUR JAZZ SKILLS AND STRETCH 8-9PM HIPHOP (OPTIONAL)		6.30-7.30PM INTERMEDIATE ACRO (OPTION 1)	12.30-1.30PM BALLET (OPTIONAL) 2.45-4.15PM SKILLS & CONDITIONING 4.15-5.15PM ADVANCED ACRO (OPTION 2 - SEE FRI FOR OPTION 1)	