ACADEMY OF DANCE

ADVANCED ELITE PROGRAM (15+)

2024 TIMETABLE

- CORE ELITE CLASSES
- EXTENSION CLASSES
- ELECTIVE CLASSES

Note: all classes 1 hour unless indicated otherwise

MONDAY

- TAP
- JAZZ
- BREAK
- BALLET (90 MIN)

TUESDAY

- CLASSICAL EXTENSION (120 MIN)
- ADVANCED COMPANY MUSIC THEATRE (120 MIN)

WEDNESDAY

- JAZZ EXTENSION (120 MIN)

THURSDAY

- OPEN BALLET (75 MIN)
- JAZZ TROUPE (75 MIN)
- BREAK
- PERFORMANCE CLASS (75 MIN)

FRIDAY

- ADVANCED ACRO
- INTER-MEDIATE RAD BALLET (90 MIN)

SATURDAY

- HIP HOP
- BREAK
- ACRO
- BREAK
- SKILLS & CONDITIONING (2 HRS)