ACADEMY OF DANCE

INTERMEDIATE ELITE PROGRAM (12 & UNDER) 2024 TIMETABLE

MONDAY

- 5PM – 6PM: CONTEMPORARY RAMBERT GRADES
- 6PM – 7PM: GRADE 4 RAD BALLET
- 7PM – 8PM: GRADE 5 RAD BALLET
- 7PM – 8PM: FOUND-ATION PRE-POINTE (30 MIN)
- 7.30 – 8.15: FOUND-ATION RAD BALLET (90 MIN)

TUESDAY

- 4.30 – 5.15: LYRICAL TROUPE
- 5.30 – 6.15: JAZZ TROUPE (75 MIN)
- 6.30 – 7PM: SONG & DANCE (30 MIN)
- 7.30 – 8PM: BALLET OPEN (STUDENTS THAT ARE DOING ADVANCED COMPANY MUSIC THEATRE DO NOT NEED TO DO THIS CLASS)
- 7.30 – 9PM: MUSICAL THEATRE (105 MIN)

WEDNESDAY

- 4.30 – 6PM: JAZZ EXTENSION (120 MIN)
- 6.15 – 7.30: CLASSICAL EXTENSION (90 MIN) (STUDENTS DOING BOTH JAZZ AND CLASSICAL EXTENSION WILL LEAVE JAZZ AT 6PM TO GO TO CLASSICAL EXTENSION)

THURSDAY

- 4.30 – 6PM: SONG & DANCE TROUPE (90 MIN)
- 6.30 – 7.30: JAZZ (90 MIN)
- 7.30 – 9PM: TAP (90 MIN)

FRIDAY

- 5.30 – 6.30: ADVANCED ACRO
- 5.30 – 6.30: BEGINNER ACRO
- 6.30 – 7.30: INTER-MEDIATE ACRO
- 6.30 – 7.30: HIP HOP

SATURDAY

- 10AM – 10.30: HIP HOP
- 11AM – 11.15: BREAK
- 11.30 – 12.30: SKILLS & CONDITIONING (90 MINS)
- 1PM – 1.30: ACRO
- 2PM – 2.15: BREAK
- 2.30 – 3.30: RAD BALLET (90 MIN)

● CORE ELITE CLASSES
● EXTENSION CLASSES
○ ELECTIVE CLASSES

Note: all classes 1 hour unless indicated otherwise