ACADEMY OF DANCE

SENIOR ELITE PROGRAM (14 & UNDER) 2024 TIMETABLE

- CORE ELITE CLASSES
- EXTENSION CLASSES
- ELECTIVE CLASSES

Note: all classes 1 hour unless indicated otherwise

MONDAY

- JAZZ
- LYRICAL TROUPE
- BREAK
- TAP
- RAD BALLET (90 MIN)

TUESDAY

- CLASSICAL EXTENSION (120 MIN)
- ADVANCED COMPANY MUSIC THEATRE (120 MIN)

WEDNESDAY

- JAZZ EXTENSION (120 MIN)
- JAZZ TROUPE (75 MIN)
- BREAK
- PERFORMANCE CLASS (75 MIN)

THURSDAY

FRIDAY

- ADVANCED ACRO (75 MIN)
- INTER-MEDIATE RAD BALLET (75 MIN)

SATURDAY

- HIP HOP
- BREAK
- OPEN BALLET
- SKILLS & CONDITIONING (2 HRS)
- BREAK
- ACRO