ACADEMY OF DANCE

JUNIOR SYLLABUS PROGRAM (YEAR 4–5) 2024 TIMETABLE

MONDAY

- 4PM – 5PM: CONTEMPORARY/ RAMBERT GRADES
- 5PM – 6PM: CONDITIONING/ACRO
- 6PM – 6.45: YEAR 4/ GRADE 3 BALLET RAD
- 6PM – 6.45: YEAR 5/ GRADE 4 BALLET RAD

TUESDAY

- 5PM – 6PM: HIP HOP

WEDNESDAY

THURSDAY

- 4PM – 5PM: TAP ADT
- 5PM – 6PM: YEAR 4 JAZZ ADT
- 5PM – 6PM: YEAR 5 JAZZ ADT
- 6.15 – 7.15: CONCERT/ PERFORMANCE PREPARATION (1.25 HRS)

FRIDAY

- 5PM – 6PM: HIP HOP
- 6PM – 6.45: ACRO
- 6PM – 6.45: HIP HOP

SATURDAY

- 11.30 – 1PM: MUSIC THEATRE (1.5 HRS)
- 1PM – 2PM: BALLET RAD (1.5 HRS)
- 3PM – 4PM: ADVANCED JAZZ SKILLS

SUNDAY

- CORE CLASSES
- CORE STREAM (CHOOSE 1 OR BOTH)
- SYLLABUS EXTENSION
- ELECTIVE OPEN CLASSES

Note: all classes 1 hour unless indicated otherwise