ACADEMY OF DANCE - EPPING

INTERMEDIATE ELITE PROGRAM (YEAR 6–7)

2025 TIMETABLE

- MANDATORY CLASSES
- OPTIONAL CLASSES
- EXTENSION CLASSES

Note: all classes 1 hour unless indicated otherwise.

MONDAY

- YEAR 7+ **BALLET**
- YEAR 7+ **LYRICAL / CONTEMPORARY**

TUESDAY

- INTER **ELITE** **CONTEMPORARY TROUPE** **EXTENSION**
- INTER **ELITE & SYLLABUS** **PROGRESSING BALLET TECHNIQUE (PBT)**
- INTER **ELITE** **BALLET RAD** (STREAMED ACROSS 3 STUDIOS FOR FOUNDATION / INTERMEDIATE / GRADE 5 + SYLLABUS)
- **PRE-POINTE** (30MINS)
- **POINTE** (30MINS)
- INTER **ELITE** **LYRICAL TROUPE**

WEDNESDAY

- INTER / SENIOR **COMM'L** **JAZZ** **EXTENSION**
- YEAR 2-6 **MUSICAL THEATRE**
- INTER **ELITE** **ADVANCED JAZZ SKILLS** **EXTENSION**
- INTER / SENIOR **ADVANCED STRETCH & CONDITIONING EXTENSION** (90MINS)

THURSDAY

- INTER **ELITE & SYLLABUS** **JAZZ**
- INTER **ELITE** **BALLET RAD** (STREAMED ACROSS 3 STUDIOS FOR FOUNDATION / INTERMEDIATE / GRADE 5)

FRIDAY

SATURDAY

- INTER **ELITE** **HIP-HOP TROUPE**
- INTER **ELITE** **TAP (BEG)**
- INTER **ELITE** **TAP (ADV)**
- INTER **ELITE** **ACRO**
- INTER **ELITE** **JAZZ TROUPE (TRADITIONAL)**

NOTE: classes are subject to change.